Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oats with Raisins Milk	Hard Boiled Eggs Milk	Cheese Sandwiches Milk	Steamed Pau Milo	Cereal Milk
Lunch	Roti Prata Potato and Carrot Curry	Chicken Rice Cucumber Tomato	Chicken, Spinach Macaroni Soup Steamed Corn	Indian Mee Goreng with Tomato, Eggs, Green Peas and Potato	Minced Chicken Meat Sauce on Bun (N2-K) Carrot and Cucumber Sticks Fish and Spinach Porridge (PG-N1)
	Apples	Honeydew	Papaya	Banana	Watermelon
Afternoon Tea	Egg Sandwiches Milo	Pancake with Honey Milk	Baked Sweet Potato with Cinnamon Milo	Pizza Milk	Yoghurt with Banana
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Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Milk	Cheese Sandwich Milk	Buttered Pandan Bread Milo	Steamed Mantou Milk	Hard Boiled Eggs Milk
Lunch	Chicken Vegetable Soup (Potato, Carrot, Cabbage, Tomato and Onion) Rice	Ipor Hor Fun, Chicken, Mushrooms, Green Vegetables	Fish, Tofu, Tomato and Spinach Soup Rice	Chicken Mee Soto Steamed Corn	Baked Macaroni Cheese Carrot and Cucumber Sticks
	Apples	Honeydew	Papaya	Banana	Watermelon
Afternoon Tea	Pancakes and Honey Milk	Egg Sandwich Milk	Oats with Raisins	Cheese Spread on Crackers Milo	Cinnamon Raisins Muffins Barley





Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oats with Raisins	Hard Boiled Eggs Milk	Jam Sandwich Milk	Steamed Pau Milo	Cereal Milk
Lunch	Sweet Sour Fish, Green Peas, Carrots, Corn Rice Carrot and Cucumber Sticks	Celery, Tofu, Minced Chicken Rice	Chicken Chop, Steamed Broccoli and Carrots Rice Steamed Corn	Fried Rice with Chicken, French Beans, Carrots and Corn Banana	Spaghetti Bolognese (Minced Chicken, Carrots and Mushrooms)
Afternoon Tea	Apples Bread and Butter Pudding Barley	Honeydew Baked Sweet Potato with Cinnamon and Raw Sugar Milo	Papaya French Toast Milk	Banana Pancake Milk	Honey Popcorn Milo





Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Steamed Pau Milk	Pancakes Milk	Egg Sandwich Milo	Jam Sandwich Milk	Raisin Bread Milo
Lunch	Fish, Tofu, Broccoli Rice	Mee Tai Mak Soup with Minced Chicken and Green Vegetables	Minced Chicken with Mixed Vegetable in Dark Sauce Rice Steamed Corn	Fried Bee Hoon with Chicken, Cabbage, French Beans and Carrots	Sushi (N1 – K) Cucumber and Carrot Sticks Fish and Sweet Potato Porridge (PG)
	Apples	Honeydew	Papaya	Banana	Watermelon
Afternoon Tea	Cheese Toast Milk	Steamed Mantou Milk	French Toast Milo	Banana Cake Milk	Cereal Milk



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Buttered Pandan Bread Milk	Cheese Sandwich Milk	Hard Boiled Eggs Milo	Oats and Raisins Milk	Cereal Milk
Lunch	ABC Macaroni, Mixed Vegetables with Tomato based soup	Chappati with Potato and Carrot Curry Steamed Corn	Rice Vermicelli Soup with Minced Chicken and Green Vegetables	Fried Olive Rice and Mixed Vegetables Carrot and Cucumber Sticks	Baked Fish Broccoli and Carrots
	Apples	Honeydew	Papaya	Banana	Watermelon
Afternoon Tea	Toast with Butter, Cinnamon and Raw Sugar Milo	Steamed Mantou Milk	Pizza Milk	Jam Sandwich Milk	Honey Popcorn Barley

